

Asheville Insight Meditation Retreat, NOV 2-6, 2016

REGISTRATION FORM

Name: \_\_\_\_\_ Gender: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

If not already subscribed, would you like to receive Asheville Insight Meditation's newsletter to stay abreast of upcoming events, talks, social gatherings, and retreats? Yes \_\_\_\_\_ No \_\_\_\_\_

If you would like to contribute to the **AIM Scholarship Fund**, please enter the amount in the Registration Payment box below.

Approximately how many retreats have you attended? **Vipassana:** None \_\_\_\_\_, 1-5 \_\_\_\_\_, 6-10 \_\_\_\_\_, 10+ \_\_\_\_\_  
**Other Retreats:** None \_\_\_\_\_, 1-5 \_\_\_\_\_, 6-10 \_\_\_\_\_, 10+ \_\_\_\_\_

Do you have a daily meditation practice? Please describe. (Place extra information on a separate page) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please indicate if you know yourself to be a snorer. (Beds are dormitory style in several small rooms. Every attempt will be made to accommodate those who snore and don't snore.)

\_\_ Yes I snore \_\_ No I don't normally snore

**Registration Payment**

\$ \_\_\_\_\_ **Early bird fee** (shared room) \$425 Total -or- \$ 215.00 Deposit now (*before October 1st*)  
+ \$210.00 Due at Registration

-or-

\$ \_\_\_\_\_ **Regular fee** (shared room) \$465 Total -or- \$ 235.00 Deposit now (*October 1<sup>st</sup> or after*)  
+ \$230.00 Due at Registration

\$ \_\_\_\_\_ **Scholarship fund** *Optional. Will help others attend who cannot afford the full price*

**\*\*Note\*\*** Prama Inst. will supply a bottom sheet, pillow and pillowcase for your bed. Guests can pay an optional extra \$10 and receive full linens; bottom sheet, pillow, pillow case, top sheet, blanket, bed spread, towel, and wash cloth, or you can bring your own.

\$ \_\_\_\_\_ **Blanket & Towels** \$10 Full linens; bottom sheet, pillow, pillow case, top sheet, blanket, bed spread, towel, and wash cloth.

\$ \_\_\_\_\_ **Total Paid**

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**Option #1 Complete online registration form and pay at [www.ashevillemediation.com/retreats](http://www.ashevillemediation.com/retreats)**

**Option #2 By Check, Credit Card, or Cash**

(Circle One) Visa Master Card Discover

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Make check made payable to Asheville Insight Meditation, or A.I.M and mail to Asheville Insight Meditation, Attn: Retreat Coordinator, 175 Weaverville Rd, Suite H, Asheville, NC 28804. If you prefer you can leave the form and check in the dana box. If you pay your registration by cash, please give it directly to the Retreat Coordinator, Kate Freeman.

**\*\*\*PLEASE SEE OTHER SIDE TO COMPLETE THIS FORM\*\*\***

**Food Request**

Gluten Free \_\_\_\_\_ Vegan \_\_\_\_\_ Meals provided are vegetarian. Please specify any other food sensitivities/requests \_\_\_\_\_

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I understand that I will be expected to uphold "noble silence" during the retreat. I also realize that continued meditation practice can be emotionally and physically challenging and that to the best of my knowledge, I am able and in sound enough mind and body to complete the weekend's festivities.

I also agree to hold Asheville Insight Meditation, Inc., their instructors, and representatives harmless for any difficulties I may incur as the result of participating in this event.

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**Participant's Signature**